

CLASS DESCRIPTIONS 2009-2010

Programs for Young Dancers:

CLASS	AGES/DESCRIPTION	GIRL'S ATTIRE	BOY'S ATTIRE	ALSO REQUIRED
Toddler Time	For 3 year-olds accompanied by a parent or care-giver; please leave siblings at home to minimize classroom distractions. Includes pre-ballet, introductory tap, dance vocabulary, stretch, creative movement, motor skill development, tumbling and circle time. At the discretion of the instructor, parents may not be asked to remain for the entire ten-month session. (Dancers must be 3 years old by 12/31/09.)	Leotard, pink tights, pink ballet shoes, black tap shoes, hair secured away from face	White T-shirt, black sweatpants/shorts, white socks, black ballet shoes, black tap shoes	None
Pre-Acro	For 4 and 5 year-olds ; a 45-minute introduction to acrobatics, including basic flexibility and tumbling skills. This class does not include recital participation. (Dancers must be 4 years old by 12/31/09.)	Leotard/biketard w/ convertible or stirrup tights, bare feet, hair secured away from face	T-shirts, sweatpants/shorts, bare feet	None
Pre-school 1	For 4 year-olds ; includes pre-ballet, introductory tap, dance vocabulary, stretch, creative movement, motor skills, tumbling and circle time. (Dancers must be 4 years old by 12/31/09.)	Uniform leotard, pink tights, pink ballet shoes, black student tap shoes, hair secured away from face	White T-shirt, black sweatpants/shorts, white socks, black ballet shoes, black tap shoes	None
Pre-school 2	For 5 year-olds ; includes pre-ballet, introductory tap, dance vocabulary, stretch, creative movement, motor skills, tumbling and circle time. Follows the syllabus from Pre-school 1 with a more extensive vocabulary. (Dancers must be 5 years old by 12/31/09.)	Uniform leotard, pink tights, pink ballet shoes, black student tap shoes, hair secured away from face	White T-shirt, black sweatpants/shorts, white socks, black ballet shoes, black tap shoes	None
Combo 1-4	Generally suited to 6-9 year olds . All Combo classes include Tap, Ballet and Jazz. These are transitional classes from the Pre-school to Senior level, with each year's syllabus becoming more structured. Classes are 60-90 minutes. (Dancers must be the minimum age for each combo level by 12/31/09.)	Uniform leotard, pink tights, pink ballet shoes, black student tap shoes, hair secured away from face	White T-shirt, black sweatpants/shorts, white socks, black ballet shoes, black tap shoes	None
Primary Ballet 1 & 2	45-minute classes for young dancers specifically interested in introductory classical ballet. 6 & 7 year-olds are encouraged to enroll in <u>Primary Ballet 1</u> , while 8 year-olds should enroll in <u>Primary Ballet 2</u> . The earliest work in the Cecchetti method of classical ballet training will be taught. This class WILL include "Nutmcracker" participation.	Uniform leotard, pink tights, pink ballet shoes, hair secured in a bun	White T-shirt, black sweatpants/shorts, white socks, black ballet shoes	None
AG Tap 3 & 4	45-minute classes for young dancers specifically interested in tap classes. 8-9 year-olds are encouraged to enroll in <u>AG Tap 3</u> , while 2008-2009 AG Tap 3 students should enroll in <u>AG Tap 4</u> . Beg. and Adv/Beginner tap skills will be taught.	Leotard and tights, black student tap shoes; warm-ups over leotards at the teacher's discretion, hair secured away from face	T-shirts, sweatpants/shorts, black tap shoes	None
Young Hip-Hop	45-minute class for 6-7 year-olds . Incorporates technical work, but focuses strongly on the contemporary stylizations of jazz.	Casual attire, sneakers, hair secured away from face	Casual attire, sneakers	None
Combo Hip-Hop	60-minute class for 8-9 year-olds . Incorporates technical work, but focuses strongly on the contemporary stylizations of jazz.	Casual attire, sneakers, hair secured away from face	Casual attire, sneakers	None
Young Musical Theatre	45-minute class for 6-7 year-olds . Focuses on theatrical dancing and acting games. Music is from Broadway shows, and choreography is in a "song and dance" style.	Leotard, tights, black jazz shoes, hair secured away from face	White T-shirt, black sweatpants/shorts, white socks, black tap and jazz shoes	None
Combo Musical Theatre	60-minute class for 8-9 year-olds . Focuses on theatrical dancing and acting games. Music is from Broadway shows, and choreography is in a "song and dance" style.	Leotard, tights, black jazz shoes, hair secured away from face	White T-shirt, black sweatpants/shorts, white socks, black tap and jazz shoes	None
Combo Jazz Tech	60-minute class for 8-9 year-olds focusing specifically on jazz technique. Isolations, stretching, turns, leaps and core strengthening are the topics.	Leotard, tights, black jazz shoes, hair secured away from face	Same as Combo Musical Theatre	None
Acrobatics	60-minute classes focusing on flexibility work and tumbling skills. <u>Acro I</u> is for 6-8 year-olds , and the youngest dancers in <u>Acro II</u> will be 9 year-olds . (Other dancers in Acro II will be from senior levels.)	Leotard/biketard w/ convertible/stirrup tights, bare feet, hair secured away from face	T-shirts, sweatpants/shorts, bare feet	None
Beyond Boundaries	45- minute class combining ballet and jazz technique as well as creative movement. Designed to meet the needs of cognitively or physically limited dancers.	Leotard, bare feet, hair secured away from face	T-shirt, sweatpants/shorts, bare feet	None

Senior Classes:

CLASS	AGES/DESCRIPTION	GIRL'S ATTIRE	BOY'S ATTIRE	ALSO REQUIRED
Tap 1-5	45 to 60-minute syllabus classes for senior level tappers that will focus strongly on technical development and subtleties of the work.	Leotard and tights, black jazz tap shoes; warm-ups over leotards at the teacher's discretion, hair secured away from face; may also be required to have tan tap shoes	T-shirts, sweatpants/shorts, black tap shoes	None
Jazz	60 to 90-minute jazz technique class for senior level dancers.	Leotard, tights, fitted warm-ups only, black jazz shoes or lyrical paws, hair secured away from face (Levels 2-4 may need Pedinis for performances; 4 may need character shoes)	White T-shirt, black sweatpants/shorts, white socks, black jazz shoes	None for Jazz 1-3. Ballet class for Jazz 4
Jazz Tech	60 to 90-minute supplemental jazz classes for our more serious dancers who want an additional opportunity to study jazz. Students in Jazz 1-3 are eligible for <u>Jazz Tech 1</u> , and those in Jazz 4A & 4B for <u>Jazz Tech 2</u> .	Leotard, tights, fitted warm-ups only, black jazz shoes or lyrical paws, hair secured away from face (may need Pedinis for performances, and Jazz Tech 2 may need character shoes)	White T-shirt, black sweatpants/shorts, white socks, black jazz shoes	Jazz 1-4
Hip-Hop	Incorporates technical work, but focuses strongly on the contemporary stylizations of jazz.	Casual attire, sneakers, hair secured away from face	Casual attire, sneakers	None
Musical Theatre	60-minute class focusing on theatrical dancing. Music is from Broadway shows, & choreography is in a "song and dance" style. Students in Jazz 1-3 and students of similar age are eligible for <u>Musical Theatre 1</u> , and those in Jazz 4 and students of similar age are eligible for <u>Musical Theatre 2</u> .	Leotard, tights, black tap shoes, black jazz shoes or lyrical paws, hair secured away from face (may need Pedinis for performances and Musical Theatre 2 may require character shoes)	White T-shirt, black sweatpants/shorts, white socks, black tap and jazz shoes	None
Modern	60-minute classes including a blend of modern dance styles. Dancers in Jazz 2-3 are eligible for <u>Modern 1</u> , and those in Jazz 4 for <u>Modern 2</u> .	Leotard, stirrup or convertible tights, bare feet, hair secured away from face	T-shirt, sweatpants/shorts, bare feet	Jazz 2-4
Lyrical	60 to 75-minute classes designed to enhance dancers' strength, control, musicality and interpretive abilities.	Leotard, stirrup or convertible tights, lyrical paws, hair secured away from face	T-shirt, sweatpants/shorts, lyrical paws	Ballet 2-4; & Cecchetti for Lyrical 2-3
Ballet	60 to 90-minute classical ballet technique classes. Once dancers have passed a Grade I Cecchetti exam, pointe work will become part of their ballet class as well.	Uniform leotard, pink tights, pink ballet shoes, hair secured in a bun (pointe shoes if applicable)	White T-shirt, black sweatpants/shorts, white socks, black ballet shoes	None for Ballet 1-2, Cecchetti for Ballet 3-4
Professional Syllabus	An exploration of the Teachings of Maestro Cecchetti will be the primary focus, with additional supplemental work in intermediate & advanced curriculum	Solid leotard, pink tights, pink ballet shoes, pointe shoes, hair secured in a bun	Same as ballet	Cecchetti V-VII
Pointe	45-60-minute class focusing on basic pointe technique and classical variations	Solid leotard, pink tights, pointe shoes, bun	N/A	Cecchetti II- VII
Cecchetti	Designed for students who are prepared to dedicate themselves to serious ballet training. Dancers in Combo 4 and Senior Ballet 1-4 are eligible to participate. Exams are required. Requires a significant time commitment.	Black leotard, pink tights, pink ballet shoes, hair secured in a bun (pointe shoes if applicable)	White T-shirt, black sweatpants/shorts, white socks, black ballet shoes	Combo 4 or Senior Ballet 1-4
Acrobatics	60-minute classes focusing on flexibility/tumbling skills. <u>Acro 2</u> is for Combo 4 and Level 1-3 senior dancers, and <u>Acro 3</u> is for Level 4 senior dancers.	Leotard/biketard w/ convertible/stirrup tights, bare feet, hair secured away from face	T-shirts, sweatpants/shorts, bare feet	None
Company Rehearsals	Weekly rehearsals will be mandatory for all company dancers, and a schedule will be distributed well in advance of each week's rehearsals.	Warm-ups	Warm-ups	Closed rehearsals for 09-10 co. members

Adult Classes:

CLASS	DESCRIPTION	ATTIRE
Beg. Tap	Adult Beginner Tap is for first time tappers. Recital Participation is not mandatory.	Comfortable clothing and black jazz taps
Tap	Adult Tap is taught at an Intermediate level. Recital participation is not mandatory.	Comfortable clothing and black jazz taps
Jazz	Adult Jazz is taught at an Intermediate level. Recital participation is not mandatory.	Comfortable clothing and black jazz shoes (tan character shoes could be required for performance)
Ballet	Adult Ballet includes basic ballet technique as well as stylized lyrical choreography. Recital participation is not mandatory.	Somewhat fitted comfortable clothing and pink ballet shoes.
Hip-Hop	Adult Hip-Hop is taught at a Beginner level. Recital participation is not mandatory.	Casual attire, sneakers

